



The Pasta Dream

Fresh Pasta, Prepared Meals and More

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1301 E Robinson Ave Suite B12, Springdale AR

Salmon Lemon Dill with Red Rice

INGREDIENTS

Atlantic Farm Salmon, Green Beans, Jasmine Rice, Lemon Juice, Onion, Red Bell Pepper, Red Tomatoes, Celery, Onion, Carrots, Salt, Dill Weed, Garlic, Canola Oil, Parmesan Cheese, Lemon Peel or Zest, Red Wine Vinegar, Black Pepper, Bay Leaves.

Contains: Milk, Fish. (Fish may contain bones)

NUTRITION

Nutrition Facts	
1 servings per container	
Serving size	12 oz
Calories	Per serving 380
	% DV*
Total Fat	15g 19%
Saturated Fat	3g 15%
<i>TransFat</i>	0g
Cholesterol	40mg

	13%
Sodium	260mg 11%
Total Carb	42g 15%
Dietary Fiber	4g 13%
Total Sugars	5g
incl. Additional Sugars	0g 0%
Protein	20g
Vitamin D	8mcg 40%
Calcium	100mg 8%
Iron	2mg 10%
Potassium	620mg 15%
Phosphorus	230mg 20%